

Presents

**“Cal/ OSHA Construction Safety Training
10 or 30 Hour Training Program
January 28, 28, Feb 4, 5, 2011**

You Are Cordially Invited

- I Cal/ OSHA Construction Safety 10 hour Training
2 days Friday, Saturday January 28, 29, 2011**
- II Cal/ OSHA Construction Safety 30 hour Training
4 days January 28, 29 February 4, 5 2011**



HERE ARE THE DETAILS

- WHEN?** January 21, 22, 2011 for Cal/ OSHA 10hr OR
January 21, 22, 28, & 29 2011 for Cal/ OSHA 30hr
- WHERE?** Safety Training Center- 2514 N. Naomi St. Burbank, CA 91504 **(Conveniently
located 5 minutes from Burbank Airport)**
- TIME?** 8:00am to 5:00 pm Daily **Space limited to first 20 participants!**

HOW MUCH? Just \$275 for Cal/ OSHA 10hr. and only \$585 for 30 hours Construction
****10% discount for early Registration by January 20, 2011**

Training Course include training material, handouts and Cal/ OSHA -DOL Wallet cards.

Accreditation

BCSP / COC Credit- CSPs receive .75 COC points for completing the 10hr course and 2.5 COC points for attending the 30hr course this

OHSTs and CHSTs –earn .75 CM points for completing the 10hr. course & 2.5 CM points for completing the 30hr course.

AIHA earn AIHA CM. Maintenance points requested.

Faculty

Mr. Hector M. Escarcega, CSP, ARM, MSIH. Hector has over 29 years of Construction & General Industry Health & Safety experience as a corporate safety consultant/ trainer. He is President of Bilingual Solutions International Training & Seminars, providing Health & Safety Training both in English and Spanish. He is a Certified Safety Professional (CSP) has his Master’s Degree in Industrial Hygiene and his Associate in Risk Management. He is past President of the ASSE LA Chapter. He is an authorized OSHA trainer through OSHA Training Institute Region IX.

HERE IS A BRIEF DESCRIPTION OF THE TRAINING COURSES:

I- Cal/ OSHA Construction Safety Training 10 hours Program – 2 days Friday, Saturday January 28, 29, 2011

This new Cal/OSHA 10hr. Construction course is intended to provide instruction on a variety of Construction Industry **SAFETY & HEALTH** topics to both entry and experienced level participants. OSHA recommends this training as an orientation to occupational safety and health. The training covers a variety of construction safety and health hazards which a worker may encounter at a construction site. **This Cal/OSHA Construction 10-hour course is designed to be presented to workers, therefore will emphasize hazard identification, avoidance, control and prevention.**



Upon successful completion of the course, participants will receive an OSHA construction safety and health 10-hour course completion card from the Department of Labor

Some of the topics that will be covered include:

- Introduction to OSHA and Cal/OSHA
- Injury and Illness Prevention Program-IIPP
- Cal/OSHA Focus Four Hazards – including: Fall Protection, Electrical, Struck By, Caught in/between
- Personal Protective Equipment
- Health Hazards in Construction
- Tools and Equipment
- Excavations
- Stairways and Ladders
- Scaffolds
- **Other Cal/OSHA Construction hazards or policies**

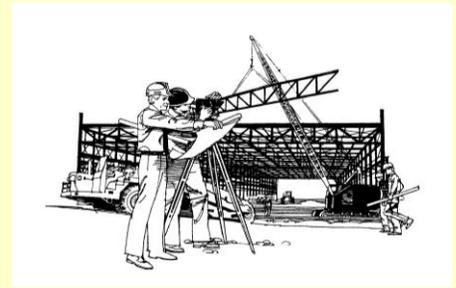
Upon successful completion of the course participants will receive:

- ✓ Student course handout information
- ✓ An OSHA construction safety and health 10-hour course completion card from the Department of Labor
- ✓ A certificate of completion
- ✓ A highly qualified, experienced and authorized construction outreach Safety Professional / trainer

II- Cal/ OSHA Construction Safety Training 30 hours –

4 days January 28, 29, February 4,5 2011 -

This brand new 30-hour Cal/ OSHA construction training program is an excellent course for new as well as experienced safety & health safety officers, safety coordinators EH&S managers, supervisors, safety committee members, human resource managers lead foreman, employees and anyone else who has the safety responsibility within your organization and who want to improve their safety and health awareness and knowledge in the area of Cal/ OSHA construction. **This brand new 30-hour Cal/ OSHA construction training program is intended to provide a variety of training topics to workers with some safety responsibility.**



Upon successful completion of the course, participants will receive an OSHA construction safety and health 10-hour course completion card from the Department of Labor

Some of the topics that will be covered include:

- Introduction to OSHA and Cal/OSHA
- Code Safe Practices/ Injury Illness Prevention Program
- Cal/OSHA Focus Four Hazards – including: Fall Protection, Electrical, Struck By, Caught in/between
- Personal Protective Equipment
- Confined Spaces, Silica, Lead, Heat Stress
- Fire Prevention
- Welding & Cutting
- Excavations
- Cranes & Rigging
- Scaffolds
- Motor Vehicles
- **Other OSHA Construction hazards or policies**

Upon successful completion of the course participants will receive:

- ✓ Student course handout information
- ✓ An OSHA construction safety and health 30-hour course completion card from the Department of Labor
- ✓ A certificate of completion
- ✓ A highly qualified, experienced and authorized construction outreach Safety Professional / trainer

What Does My Investment Get Me for Each Training Day?

- Valuable information & content presented in a clear and concise manner
- Participant handout training material
- Training, and facilitation from a 28 year experienced & Certified safety and training professional,
- Certificate of completion for personal records & files
- COC's to maintain professional certificates
- OSHA / DOL 10 or 30 hr. Completion Card

Who Should Attend This Cal/ OSHA Construction Safety Training ?

This training workshop is meant for both entry level employees in the construction industry and anyone who has responsibilities in the area of Environmental Health & Safety . This includes:

- Construction employees
- Superintendents
- Safety Coordinators & Safety Trainers
- Supervisors & Lead Foremen
- Risk Managers/ Loss Control Representatives
- Administrative Assistants /Aids
- Safety Directors
- Consultants
- Industrial Hygienists



To Register for this Seminar:

Mail Payment to **4806 Nob Hill Dr. Los Angeles, CA 90065** Questions call (323) 256-6968

****10% discount for early Registration by January 20, 2011**

Please make checks payable to: "Bilingual Solutions International."

Note: There is a \$25 cancellation fee within 48 hours of the event.)

To obtain details for this training course please visit our Website www.BilingualBiz.com

To Register and Pay by Credit Card please click on the following link _____

REGISTRATION FORM:

Yes! Register me for **Cal/ OSHA Construction 10 hr Jan 28-29"** \$275 or ****\$247.50**

Yes! Register me for **Cal/ OSHA Construction 30 hr Jan 28,29 Feb 4,5** \$585 or ****\$526.50**

Name: _____ Job Title: _____

Company : _____ Address: _____

City: _____ Zip: _____ Tel: _____

FAX: _____ EMAIL _____

I have enclosed \$ _____ for the above attendee(s)

List Below Training Day(s)/ Topic(s) You Will Attend:

